

## Lunch Menu Ingredients

### *Roll (This roll is for the sandwiches listed below.)*

Unbleached enriched wheat flour(flower, malted barley flour, niacin, reduced iron. Thiamine mononitrate (Vitamin B1) folic acid (A "B" vitamin) Riboflavin (vitamin B2) ater. Contains 2% or less of each salt, soybean oil, yeast, high fructose corn syrup, dough conditioners (sodium stearoyl lactylate, ammonium sulfate, calcium sulfate, bromate.) Calcium propionate (A preservative). Corn flour.

### **Sandwiches**

**Italian Hoagie:** Salami, Ham, Bologna, Provolone, Cheese, Lettuce, Tomatoes

*Salami:* Pork, Beef, pork and beef hearts, salt, Dextrose, potassium, sugar, dsodium phospahte, paprika, sodium nitter, vitamin D, sodium diacetate.

*Ham:* cured with water, dextrose, salt, sodium phosphates, sodium erythorbate, sodium nitrite.

*Bologna:* Sodium Nitrite, pork, water, beef dextrose, corn syrup, salt, potassium, lactate flavoring, sodium phosphate, paprika, sodium diacetate, vitamin C, sodium ascorbate.

*Provolone:* pasteurized milk, cheese cultures, salt, enzymes

**Ham & Cheese Hoagie:** Ham, American Cheese, lettuce and tomatoes

*Ham:* cured with water, dextrose, salt, sodium phosphates, sodium erythorbate, sodium nitrite.

*American Cheese:* Milk, cheese cultures, salt enzymes, annatto vegetable color, water, cream, sodium citrate, color added, salt sorbic acid added as preservative, soy lectihn, (non sticking agent.)

**Cheese Steak:** Beef American Cheese

*American Cheese:* Milk, cheese cultures, salt enzymes, annatto vegetable color, water, cream, sodium citrate, color added, salt sorbic acid added as preservative, soy lectihn, (non sticking agent.)

### **Meatball Sandwich:**

Beef,, water, breadcrumbs, (enriched flour [containing; wheat flour, niacin, reduced iron thiamine mononitrate, riboflavin and folic acid], corn syrup, sugar, vegetable shortening [one or more of the following: hydrogenated soy bean oil and /or hydrogenated cottonseed oil], salt, yeast, whey, sly flour, dough conditioner [sodium-stearoyl, 2 lactylate}, calcium propionate), textured soy protein concentrate (soy protein concentrate, caramel color), egg whites soy protein concentrate, onion, salt corn syrup, sodium tripolyshosphate, flavorings, romano cheese (sheep's milk, rennet, salt0 oregano, parsley.

Spaghetti Sauce: Tomato Puree (water, tomato paste, citric acid), sugar, soybean oil, salt, dried onions, extra virgin olive oil, imported pecorino romano cheese (pasteurized sheep's mild rennet, salt) spices, garlic powder.

### *Roll (This roll is for the sandwiches listed below.)*

Enriched wheat flour(flower, malted barley flour, niacin, reduced iron. Thiamin mononitrate Vitamin B1, folic acid, Riboflavin, vitamin B2, water, high fructose corn syrup yeast, soybean oil, salt, wheat, gluten, calcium propionate, preservative, mon and diglycerides, monocalcium phosphate, sodium stearoyl lactylate, grain vinegar, calcium sulfate, soy lecithin.

**Hamburger:**

Beef, water, soy concentrate, bread crumbs, (unbleached wheat flour, barley malt, salt yeast, vegetable shortening) Soybean and/or protein, salt, beef flavor, Natural Beef flavor, Autolyzed yeast, thiamine, hydrochloride, dextrose, butter flavor cream & butter extract, maltodextrin. Onion and garlic powder.

**Cheese Burgers:**

Beef, water, soy concentrate, bread crumbs, (unbleached wheat flour, barley malt, salt yeast, vegetable shortening) Soybean and/or protein, salt, beef flavor, Natural Beef flavor, Autolyzed yeast, thiamine, hydrochloride, dextrose, butter flavor cream & butter extract, maltodextrin. Onion and garlic powder.

*American Cheese:* Milk, cheese cultures, salt enzymes, annatto vegetable color, water, cream, sodium citrate, color added, salt sorbic acid added as preservative, soy lectihn, (non sticking agent.)

**Hot Dogs:**

Beef, Water, Salt, Contains less than 2% of flavoring corn syrup, sodium phosphate, paprika, sodium erythorbate, sodium nitrite, lauric, arginate.

**Gravy:** food starch, wheat flour, beef fat, citric acid, salt, maltod extrin, hydrolyzed plant portein, sugar, caramel color, onion powder, yeast extract, silicon dioxide, salt pepper, hydrogenated soybean and cottonseed il, dextrose, thiamne, hydrochloride, disodium inosinate, disodium guanylate.

Mashed Potatoes: Potato, malted

**Macaroni and Cheese:**

Skim milk, macaroni, cheddar cheese, cultured milk, salt, enzymes, annatto color, soybean oil, bleached what flour and salt, regular milk.

**Grilled Cheese:**

*American Cheese:* Milk, cheese cultures, salt enzymes, annatto vegetable color, water, cream, sodium citrate, color added, salt sorbic acid added as preservative, soy lectihn, (non sticking agent.)

*Bread:* Enriched wheat flour(flour, malted barley flour, niacin, reduced iron. Thiamin mononitrate Vitamin B1, folic acid, Riboflavin, vitamin B2, water, high fructose corn syrup yeast, soybean oil, salt, wheat, gluten, calcium propionate, preservative, mon and diglycerides, monocalcium phosphate, sodium stearyl lactylate, grain vinegar, calcium sulfate, soy lecithin.

**Mozzerella Sticks**

**Ingredients:** Low moisture, part-skim mozzarella cheese (pasteurized part-skim milk, cheese culture, salt, enzymes), enriched what flour (flour, niacin, reduced iron, thiamine monoitrate, riboflavin, folic acid), soybean oil, yellow corn flour, water, modified corn starch, contains 2% or less of each of the following: soy lecithin, methycellulose, salt, sugar, onion powder, dried yeast, garlic powder, spices, caramel color paprika extract, dried parsley, wheat starch, dextrose, leavening (sodium acid pyrophosphate, sodium bicarbonate), dried whey, guar gum, maltodextrin, artificial flavor.

**Contains: Milk, Wheat, Soy.**

## **Mashed Potatoes**

**Ingredients:** Potato, malted extrin, sortening powder, hydrogenated, soybean oil, lactose, sodium caseinate diposassium, phosphate, hydrogenated veg oil, cotton seed soybean, mono and diglycerides, artificial flour and color, sodium bisulfite, milk

## **Ham and Swiss Flatbread**

**Ingredients:** Bread: Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate [B1], Riboflavin [B2], Folic Acid), Water, Soybean Oil, Less than 2% of: Yeast, Sugar, Salt, Non-Fat Dry Milk, Guar Gum, Baking Powder (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Dough Conditioners (Calcium Sulfate, Vegetable Mono-and Diglycerides, L-Cysteine, Calcium Peroxide), Yeast Nutrients (Monocalcium Phosphate, Ammonium Sulfate, Ascorbic Acid, Azodicarbonamide), Potassium Sorbate (Preservative), Calcium Propionate (Preservative). Ham: Cured with Water, Salt, Potassium Lactate, Dextrose, Sodium Phosphates, Sodium Diacetate, Sodium Erythorbate and Sodium Nitrite. Swiss Cheese: Pasteurized Milk, Cheese Culture, Salt, Enzymes (Aged 60 days or more).

## **Cheese Flatbread**

**Ingredients:** Bread: Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate [B1], Riboflavin [B2], Folic Acid), Water, Soybean Oil, Less than 2% of: Yeast, Sugar, Salt, Non-Fat Dry Milk, Guar Gum, Baking Powder (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Dough Conditioners (Calcium Sulfate, Vegetable Mono-and Diglycerides, L-Cysteine, Calcium Peroxide), Yeast Nutrients (Monocalcium Phosphate, Ammonium Sulfate, Ascorbic Acid, Azodicarbonamide), Potassium Sorbate (Preservative), Calcium Propionate (Preservative). Swiss Cheese: Swiss and American Cheese (Milk, Salt, Cheese Cultures, Enzymes), Cream, Sodium Citrate, Salt, Sorbic Acid, Lecithin. Monterey Jack Cheese: Pasteurized Milk, Cheese Culture, Salt, and Enzymes. Cheddar Cheese: Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto (Vegetable Color), Potato Starch and Powdered Cellulose (to prevent caking), Natamycin (a Natural Mold Inhibitor).

## **Glazed Donuts**

**Ingredients:** Enriched Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Partially Hydrogenated Soybean Oil and Partially Hydrogenated Cottonseed Oil with TBHQ and Citric Acid Added to Help Protect Flavor, Sugar, Dextrose, Contains 2% Or Less Of The Following: Yeast, Salt, Maltodextrin, Whey, Soy Flour, Mono- & Diglycerides, Sodium Acid Pyrophosphate, Baking Soda, Sodium Stearoyl Lactylate, Soy Lecithin, Nonfat Milk, Cellulose Gum, Guar Gum, Propylene Glycol, Annatto, Turmeric, Sodium Caseinate, Natural & Artificial Flavor, Gum Arabic, Potassium Sorbate (Preservative), Xanthan Gum, Agar, Carrageenan, Citric Acid, Egg.

## **Pizza**

**Ingredients:** Dough—Oil, yeast, water, salt and sugar  
Tomato Sauce—Tomatoes, garlic, water, salt and sugar.  
Mozzarella Cheese

## **Sausage Patties**

**Ingredients:** Pork, water, contains 2% or less of the following : Sodium lactate, salt, dextrose, spices, sugar, sodium phosphates, monosodium, glutamine, sodium, diacetate, flavoring, caramel color, beef collagen casing.

### **Pancakes**

**Ingredients:** Enriched wheat flour ( flour niacin, reduced iron, thiamin, mononitrate riboflavin, folic acid) water, whole eggs, sugar soybean oil, whey, contains 2% or less of high fructose corn syrup, leavening ( sodium aluminum phosphate, sodium bicarbonate) salt, modified corn starch artificial flavor, soy flour, contains wheat, milk ,soy and eggs.

### **Taco**

**Ingredients:** Hamburger, Cheese, Lettuce

Taco shell: bleached wheat flour, barley flour, niacin, iron, thiamine, mononitrate riboflavin, folic acid, water, soybean oil, diglycerides, salt, baking powder, dough conditioner, sorbic acid.

Taco seasoning: dextrose corn, masa salt, dehydrated onions, garlic, cocoa powder, soy protein, citric acid, autolyzed yeast, extract, disodium guanylate, maltodextrin, soy.

Taco sauce: tomato puree, water, green peppers, onions, salt garlic powder, dehydrated cilantro, onion powder, vinegar ,corn syrup, food starch, sodium benzoate, potassium sorbate.

### **Potato Soup:**

Potatoes, celery, onions, cabbage, cheese, cornstarch, and topic and American cheese, butter, salt and pepper

**Topic** - Vegetable oil, Partially hydrogenated coconut or palm kernel and hydrogenated soybean, corn syrup solids, sugar, sodium caseinate ( A Milk derivative) Dipotassium phosphate and diglycerides prevents oil separation, sodium aluminosilicate, salt artificial flavor, color added.

### **Broccoli Soup:**

Broccoli, Cauliflower, Carrots, American Cheese, Topic, Onions and Chicken Broth

**Topic** - Vegetable oil, Partially hydrogenated coconut or palm kernel and hydrogenated soybean, corn syrup solids, sugar, sodium caseinate ( A Milk derivative) Dipotassium phosphate and diglycerides prevents oil separation, sodium aluminosilicate, salt artificial flavor, color added.

**American Cheese:** Milk, cheese cultures, salt enzymes, annatto vegetable color, water, cream, sodium citrate, color added, salt sorbic acid added as preservative, soy lecithin, (non sticking agent.)

### **Hearty Breast of Chicken Soup**

**Ingredients:** Chicken broth, carrots, cooked white chicken meat, celery, noodles (durum flour [enriched with niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid], egg solids, egg white solids), contains 2% or less of reconstituted nonfat milk, modified food starch, enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), chicken base (salt, cooked chicken meat, chicken broth, sugar, chicken fat, hydrolyzed corn protein with partially hydrogenated soybean and/or cottonseed oil, whey, onion powder, disodium inosinate and disodium guanylate, tumeric), salt, partially hydrogenated soybean oil, chicken flavor (chicken, yeast extract, salt, flavorings), butter (cream, salt), chicken fat, yeast extract, corn syrup solids, sauteed vegetables(carrots, celery, onion), emulsifier (mon-and diglycerides),sodium caseinate ( a milk derivative), onion

powder, sugar, maltodextrin, spices, granulated garlic, corn oil, cornstarch, annatto (color), dipotassium phosphate, soy lecithin, natural flavor, fish gelatin, Yellow 5, canthaxanthin.

**Noodles:** Semolina, Durum Flour, Niacin, Iron, Ferrous Sulfate, Thiamine, Mononitrate Riboflavin, Folic Acid, Wheat Manufactured on Equipment That Processes product Containing Eggs.

**Sauce:** Skim Milk, Water, Cream, Cream Cheese, Cream Nonfat Dry Milk, Salt Enzymes, Parmesan Cheese, Cultured Milk, Romano Cheese, Butter, Food Starch, Less than 2 % Maltodextrin , Natural Flavors, Sodium Phosphate, Sodium Citrate, Cellulose Gum ,Cellulose Gel, Vegetable Mono, Diglycerides, Spices, Milk

**Jello:**

Sugar, gelatin, Adipic acid (for Tartness) contains less than 2% of artificial flavor, disodium phosphate and sodium citrate (control acidity) fumaric acid (for tartness) blue 1.

**Vanilla Pudding:**

Skim Milk, water sugar, modified food starch, partially hydrogenated, soybean oil, salt, sodium stearoyl lactylate, artificial flavor, sodium phosphate, color added (including FD&C yellow 5 and FD&C yellow 6).

**Chocolate Pudding:**

Skim Milk, water, sugar, modified food starch, partially hydrogenated soybean oil, cocoa (processed with alkali), dextrose, salt, sodium stearoyl lactylate, natural and artificial vanilla flavor, FD&C yellow 5 and FD&C yellow 6.

**Soft Philly Pretzels:**

Pretzel Dough Ingredients: Bleached enriched flour (wheat flour, malted barley flour. Niacin, iron, potassium bromate, thiamin, mononitrate, riboflavin, folic acid), water, dough conditioner (dried whey, corn flour, monocalcium,phosphate, soybean oil, wheat flour, l-cysteine, potassium bromate) yeast. **Allergens:** Please be aware that our pretzels contain wheat and whey ( a dairy by-product) Both are known allergens. We also bake our pretzels on equipment that could come in contact with seeds (poppy and sesame).